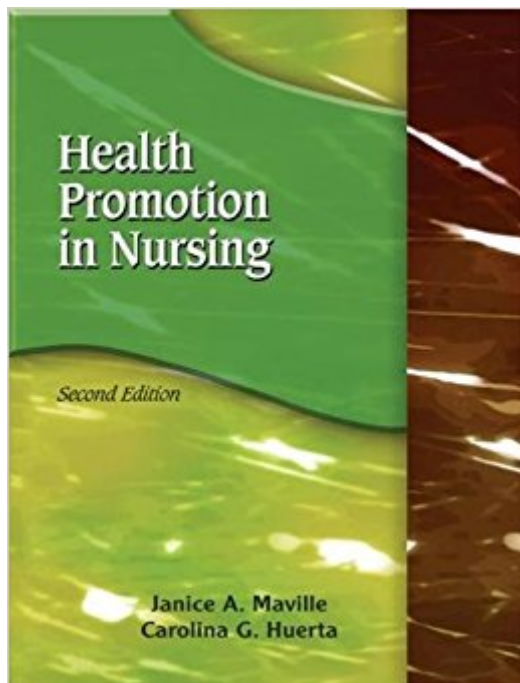


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# Health Promotion In Nursing



## Synopsis

Health Promotion in Nursing, 2nd edition, offers a unique holistic viewpoint on the importance of achieving and maintaining health and wellness at all stages of life. It begins with an overview of health promotion concepts, nursing theories, and life span considerations. Organized within a biological, psychological, social, and environmental framework, Health Promotion in Nursing examines all aspects of health & wellness, focusing on the community and individual. This second edition also devotes attention to technology and its influence on health and wellness. Fundamental areas of health promotion such as nutrition, physical fitness, weight control, cultural sensitivity, and avoidance of substance abuse are covered in depth. Health promotion nursing strategies are highlighted as appropriate in the care of individuals, communities, and groups.

## Book Information

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Section I: Conceptual Foundations and Theoretical Approaches 1 Health Promotion: Past, Present, and Future 2 Nursing Concepts and Health Promotion 3 Theoretical Foundations and Planning for Health Promotion 4 The Role of the Nurse in Health Promotion Section II: Factors Influencing Health Promotion 5 Education & Communication for Health Promotion 6 Cultural Considerations for Health Promotion 7 Environmental Factors Related to Health Promotion 8 The Mind-Body Connection with the Promotion of Health Section III: Promoting Health Throughout the Life Cycle 9 Promoting Maternal and Infant Health 10 Promoting Health of the Toddler and Child 11 Promoting Health in the

Adolescent and the Young Adult 12 Promoting Health in the Middle-Aged Adult 13 Promoting Health in the Older Adult Section IV: Health promotion Strategies and Interventions 14 Promoting Health through Nutrition 15 Promoting Health through Physical Fitness 16 Weight Control as a Strategy for Health Promotion 17 Tobacco, Alcohol, and Substance Abuse

Janice A. Maville, EdD, MSN, RN Professor, The University of Texas-Pan American (UTPA), 1201 West University Dr., Edinburg, Texas 78539 Teach master's level nursing courses including Advanced Health Assessment, Health Promotion, Research in Nursing, Health Policy and Finance, Advanced Adult Health, and role courses for CNS, Administrator, and Educator. Interim Department Chair for the Communication Sciences and Disorders Program, UTPA. Responsible for administration of the department Clinical Nurse Specialist in Medical-Surgical Nursing as recognized by the State of Texas Board of Nurse Examiners. Carolina G. Huerta EdD, MSN, RN Professor & Chair, The University of Texas-Pan American, 1201 West University Drive, Edinburg, Texas 78539 Teach in both the BSN and masers programs. Assignment includes teaching Health Promotion and Maintenance Across the Lifespan; Wellness; Professional Mobility; Research in Nursing. Nursing focus is education.

Fantastic and excellent

Hate to say it, but the information is better than the new and improved 3rd edition. Great book for all RNs to have in their professional library.

I needed this book for Nursing school this August so I wanted to give myself plenty of time to receive all my books. It was shipped and received within 4 business days! Wrapped up tight and in NEW condition as described. Saved me a few bucks from the bookstore prices and every buck counts. Thanks!

OK, if this book were \$20 it might not be so bad, but really at list of \$103. And paying \$60 something for a book described as newish covered with highlighting and underlining. Offering tips like wear a seat belt and chocolate doesnt cause acne???? Really, the few pictures in the book look like they were taken by the authors themselves. I dont mean to demean the people who obviously put alot of work into creating it, but if your school MAKES you buy, well you have been warned.

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